CLASS SYNOPSIS

Sculptured gel nail enhancements and more with

Olivia Rooke at Demure Academy

Contact: olivia.rooke4@gmail.com

CLASS 1: INTRODUCTION

A bit about myself and my career as a nail technician

* This course will cover
  + Sculptured gel nail extensions
  + Premium fit tip application
  + Gel overlay
  + Gel polish
  + Pedicures
* We will be exclusively using Ugly Duckling Gel products
  + I have gotten to know this line well over the years and have great respect for the company and its owners. I have used a few lines throughout my career but relate to this one the best
  + If you choose to explore other gel product lines (we will cover “breaking systems” in class) please do so on your own time outside of class
    - *FOLLOW YOUR DREAMS-* literally. On social media. Eat, sleep, breathe nails
    - Follow the Ugly Duckling girls on Instagram and YouTube
      * @Chrystacle
      * @NatashaHarton
      * @UglyDucklingNals & @Ugly DucklingNailProducts
* Take your time and stay within your limits, unless you are practicing.
  + Don’t allow your client to have unrealistic expectations of your skill set and what you can do with their nail type. All you can do is enhance their natural nail; we aren’t making miracles happen here.
* You will receive your text books:
  + Face to Face with Doug Schoon; volumes I, II & III
  + It will be up to you to thoroughly read this text. This is all the information that I only wish I had in nail school. All questions answered, this is where your examination will be coming from (80% text, 20% class content)
* Practice outside of class
  + The more practice the better. AFTER we go over a technique in class, I recommend you practice outside of class on another client. Your practical work will be reviewed over the course of the program.
* We will discuss business along the way- please ask questions as we go, this will count as part of your participation.
* Full set nail demo in class

CLASS 2:

* Today you will receive your nail supplies!
  + I strongly encourage you to resist playing with these products until I see you in class next. If you cannot contain yourself, practice only one nail on yourself. You should NOT practice applying professional nail products to a client until certified or under the observation of an instructor
* Check over your kit, YOU SHOULD HAVE:

IMPLEMENTS AND TOOLS:

·       Cuticle pusher

·       Cuticle nippers

·       Gel brush

·       LED gel lamp

·       Nail smock/ apron

DISPOSABLE TOOLS:

·      10X medium grit nail files

·      10X heavy grit nail files

·      50X gel nail forms

·      5x Face masks

PRODUCTS:

·      Nail prep

·      Nail primer

·      Natural base

·      15ml clear modeling gel

·      15ml white modeling gel

·      15ml fufu modeling gel

·      No wipe top coat

·      Gel polish color (any nude shade)

* Ugly Duckling Nail Supply in Victoria has your name on file for a temporary professional product purchasing account so you can order more product at any time. They offer free pick up or free delivery over $150. This account will expire at the end of our classes and you will need to send in your certificate to create your own professional account.
* Review any questions you have so far
* Practice form application
* Practice nail prep
  + You can find this step by step in “building a nail”

CLASS 3: SCULPTING NAIL EXTENSIONS

\*\*BRING A MODEL TO CLASS\*\*

* Building a set of sculptured nail extensions in cover pink
* One hand only
* Focus on playing with the gel, learn the “push and pull” technique, and shaping
* Clean up and sanitation

CLASS 4: SCULPTING NAIL EXTENTIONS

\*\*BRING YOUR MODEL FROM LAST CLASS\*\*

\*\*OPTIONAL: COMPLETE AS HOMEWORK\*\*

* Complete the second hand of your client, fully sculptured in fufu pink
  + If you complete this class on your own time, please email me photos of your work from three angles: above, side profile, and down the barrel.

CLASS 5: GEL POLISH APPLICATION

\*\*BRING A MODEL OR PRACTICE ON EACHOTHER\*\*

* Gel polish demo
  + Steps are as follows:
    - Nail prep
    - Primer
    - Natural base
    - Gel polish color
    - No wipe or matte top coat
    - Cuticle care

CLASS 6: PRACTICE DAY

* What do you need help with?
* What questions do you have?
* Bring another gel polish client if you wish

CLASS 7: SCULPTING FRENCH TIP NAILS

\*\*BRING A NEW MODEL\*\*

* Applying French modeling resin
* Shaping a French tip & curve
* 2/3rds rule
* File and shape

CLASS 8: SCULPTING RENCH TIP NAILS

\*\*BRING A MODEL OR FILL FIRST MODEL\*\*

\*\*OPTIONAL: COMPLETE AS HOMEWORK\*\*

* Practice a full set of French nails or a French fill

CLASS 9: E-FILE TRAINING

* Full and explicit demonstration of using a professional electric file
* Practice in class removing product in preparation for a nail fill in cover pink
* Shaping shaping shaping
* How to properly remove lifting from the nail coating—very important

CLASS 10: NEW SHAPES

\*\*BRING A NEW MODEL FOR FULL SET\*\*

* We will go over different nail shapes and how to best achieve them
* NEVER over file the side walls of the nails
* Leave some wiggle room when sculpting the nail shape to allow for a perfect shape when you are complete

CLASS 11: FRENCH FILL

\*\*OPTIONAL: COMPLETE AS HOMEWORK\*\*

* Remove bulk of the nail coating
* Remove any lifting
* Reapply French tip and fill the nail
* At this point I will be looking for perfect shaping and watching for any over-filling on the natural nail plate
  + If you complete this class at home, please email photos including:
    - The nails before you begin
    - After the product is removed, and any lifting is removed, dust removed, BEFORE primer
    - Completed nail from above, from the side, and down the barrel.

CLASS 12: GEL POLISH CHANGE

* Proper removal techniques of gel polish, and gel polish changes
* Nail art demo of your request
* Please bring a client who is wearing gel polish already

CLASS 13: REVIEW

* Review questions before examination
* Feel free to bring photos to troubleshoot

CLASS 14: FINAL EXAMINATION